



Essential Coach Training Program
Essential Training
Minneapolis-St. Paul, MN
April 24–July 27, 2020

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	On-site Workshop 1 (CT) Friday April 24, 12:30–4:30pm Saturday, April 25, 8:30am–2:30pm	Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Workshop 1 <i>continued</i>	Monday, May 4 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, May 11 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, May 18 11:30am–1:00pm CT	Live virtual class
Week 4	Monday, June 1 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, June 8 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, June 15 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, June 22 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, June 29 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	On-site Workshop 2 (CT) Friday, July 10, 12:30–4:30pm Saturday, July 11, 8:30am–2:30pm	Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Week 10	Week of July 13 Observation Coaching Week	Scheduled with your trainer
Week 11	Week of July 20 Observation Coaching Week	Scheduled with your trainer
Week 12	Monday, July 27 11:30am–1:00pm CT	Final Live-Virtual Class