



Essential Coach Training Program
Essential Training
Minneapolis, MN
April 30–July 26, 2021

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	On-site Workshop 1 (CT) Friday April 30, 12:30–4:30pm Saturday, May 1, 8:30am–3:00pm	<i>Online–Zoom</i>
Workshop 1 <i>continued</i>	Monday, May 3 9:00am–10:00pm CT	Live virtual class
Week 2	Monday, May 10 9:00am–10:00pm CT	Live virtual class
Week 3	Monday, May 17 9:00am–10:00pm CT	Live virtual class
Week 4	Monday, May 24 9:00am–10:00pm CT	Live virtual class
Week 5	Monday, June 7 9:00am–10:00pm CT	Live virtual class
Week 6	Monday, June 14 9:00am–10:00pm CT	Live virtual class
Week 7	Monday, June 21 9:00am–10:00pm CT	Live virtual class
Week 8	Monday, June 28 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	On-site Workshop 2 (CT) Friday, July 9, 12:30–4:30pm Saturday, July 10, 9:00am–3:00pm	<i>Online–Zoom</i>
Week 10	Week of July 11 Observation Coaching Week	Scheduled with your trainer
Week 11	Week of July 18 Observation Coaching Week	Scheduled with your trainer
Week 12	Monday, July 26 9:00am–10:00pm CT	Live-Virtual Class