



Essential Coach Training Program
Essential Training
San Antonio, TX
January 22–April 15, 2021

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday January 22, 12:30–4:30pm Saturday, January 23, 8:30am–3:00pm	<i>Online–Zoom</i>
Workshop 1 <i>continued</i>	Thursday, January 28 8:30am–10:00am CT	Live virtual class
Week 2	Thursday, February 4 8:30am–10:00am CT	Live virtual class
Week 3	Thursday, February 11 8:30am–10:00am CT	Live virtual class
Week 4	Thursday, February 18 8:30am–10:00am CT	Live virtual class
Week 5	Thursday, February 25 8:30am–10:00am CT	Live virtual class
Week 6	Thursday, March 4 8:30am–10:00am CT	Live virtual class
Week 7	Thursday, March 11 8:30am–10:00am CT	Live virtual class
Week 8	Thursday, March 18 8:30am–10:00am CT	Live virtual class
Week 9	Workshop 2 (CT) Friday, March 26, 12:30–4:30pm Saturday, March 27, 8:30am–3:00pm	<i>Online–Zoom</i>
Week 10	Week of March 28 Observation Coaching Week	Scheduled with your trainer
Week 11	Week of April 4 Observation Coaching Week	Scheduled with your trainer
Week 12	Thursday, April 15 8:30am–10:00am CT	Final Live Virtual Class