



Essential Coach Training Program
Essential Training
Virtual
September 24 – December 15, 2021

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday September 24, 12:30–4:30pm Saturday, September 25, 8:30am–3:00pm	Online–Zoom
Workshop 1 <i>continued</i>	Wednesday, September 29 8:30am–10:00am CT	Live virtual class
Week 2	Wednesday, October 6 8:30am–10:00am CT	Live virtual class
Week 3	Wednesday, October 13 8:30am–10:00am CT	Live virtual class
Week 4	Wednesday, October 20 8:30am–10:00am CT	Live virtual class
Week 5	Wednesday, October 27 8:30am–10:00am CT	Live virtual class
Week 6	Wednesday, November 3 8:30am–10:00am CT	Live virtual class
Week 7	Wednesday, November 10 8:30am–10:00am CT	Live virtual class
Week 8	Wednesday, November 17 8:30am–10:00am CT	Live virtual class
Week 9	Workshop 2 (CT) Friday, December 3, 12:30–4:30pm Saturday, December 4, 9:00am – 3:00pm	Online–Zoom
Week 10	Week of December 6 Observation Coaching Week	Scheduled with your trainer
Week 11	Week of December 13 Observation Coaching Week	Scheduled with your trainer
Week 12	Wednesday, December 15 8:30am–10:00am CT	Final Class