



Essential Coach Training Program
Essential-Associate Training
Minneapolis, MN
August 13–November 8, 2021

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	On-site Workshop 1 (CT) Friday August 13, 12:30–4:30pm Saturday, August 14, 9:00am–3:00pm	<i>Online–Zoom</i>
Workshop 1 <i>continued</i>	Monday, August 16 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, August 23 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, August 30 11:30am–1:00pm CT	Live virtual class
	<i>Labor Day Off</i>	
Week 4	Monday, September 13 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, September 20 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, September 27 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, October 4 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, October 11 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	On-site Workshop 2 (CT) Friday, October 22, 12:30–4:30pm Saturday, October 23, 8:30am–2:30pm	<i>Online–Zoom</i>
Week 10	Week of October 24 11:30am–1:00pm CT	Observation Coaching Scheduled with your trainer
Week 11	Week of October 31 11:30am–1:00pm CT	Observation Coaching Scheduled with your trainer
Week 12	Monday, November 8 11:30am–1:00pm	Live virtual class