



**Essential Coach Training Program**  
**Essential-Associate Training**  
**January 29–May 22, 2021**

*Mastering the Fundamentals of Coaching*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<b>Workshop 1 (CT)</b> Friday January 29, 12:30–4:30pm Saturday, January 30, 8:30am–3:00pm	<i>Online–Zoom</i>
Workshop 1 <i>continued</i>	Tuesday, February 2 8:30–10:00am CT	Live virtual class
Week 2	Tuesday, February 9 8:30–10:00am CT	Live virtual class
Week 3	Tuesday, February 16 8:30–10:00am CT	Live virtual class
Week 4	Tuesday, February 23 8:30–10:00am CT	Live virtual class
Week 5	Tuesday, March 2 8:30–10:00am CT	Live virtual class
Week 6	Tuesday, March 9 8:30–10:00am CT	Live virtual class
Week 7	Tuesday, March 16 8:30–10:00am CT	Live virtual class
Week 8	Tuesday, March 23 8:30–10:00am CT	Live virtual class
Week 9	<b>Workshop 2 (CT)</b> Friday, April 2, 12:30–4:30pm Saturday, April 3, 8:30am–3:00pm	<i>Online–Zoom</i>
Week 10	Week of April 4 Observation Coaching Week	Scheduled with your trainer
Week 11	Week of April 11 Observation Coaching Week	Scheduled with your trainer
Week 12	Tuesday, April 20 8:30–10:00am CT	Live-Virtual Class
Week 13	Tuesday, April 27 8:30–10:00am CT	Live virtual class
Week 14	Tuesday, May 4 8:30–10:00am CT	Live virtual class
Week 15	Tuesday, May 11 8:30–10:00am CT	Live virtual class
Week 16	<b>Workshop 2 (CT)</b> Friday, May 21, 12:30–4:30pm Saturday, May 22, 8:30am–3:00pm	<i>Online–Zoom</i>

*coaching excellence for lasting influence*

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