



**Essential Coach Training Program**  
**Essential-Associate Training**  
**Minneapolis-St. Paul, MN**  
**April 24–August 22, 2020**

*Mastering the Fundamentals of Coaching*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<b>On-site Workshop 1 (CT)</b> Friday April 24, 12:30–4:30pm Saturday, April 25, 8:30am–2:30pm	Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Workshop 1 <i>continued</i>	Monday, May 4 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, May 11 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, May 18 11:30am–1:00pm CT	Live virtual class
Week 4	Monday, June 1 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, June 8 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, June 15 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, June 22 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, June 29 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	<b>On-site Workshop 2 (CT)</b> Friday, July 10, 12:30–4:30pm Saturday, July 11, 8:30am–2:30pm	Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Week 10	Week of July 13 Observation Coaching Week	Scheduled with your trainer
Week 11	Week of July 20 Observation Coaching Week	Scheduled with your trainer
Week 12	Monday, July 27 11:30am–1:00pm CT	Live-Virtual Class
Week 13	Monday, August 3 11:30am–1:00pm CT	Live virtual class
Week 14	Monday, August 10 11:30am–1:00pm CT	Live virtual class
Week 15	Monday, August 17 11:30am–1:00pm CT	Live virtual class
Week 16	<b>On-site Workshop 3 (CT)</b> Friday, August 21, 12:30–4:30pm Saturday, August 22, 8:30am–3:00pm	Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110