



Essential Coach Training Program
Essential-Associate Training
Minneapolis, MN
April 30–August 28, 2021

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	On-site Workshop 1 (CT) Friday April 30, 12:30–4:30pm Saturday, May 1, 8:30am–3:00pm	<i>Online–Zoom</i>
Workshop 1 <i>continued</i>	Monday, May 3 9:00am–10:00pm CT	Live virtual class
Week 2	Monday, May 10 9:00am–10:30pm CT	Live virtual class
Week 3	Monday, May 17 9:00am–10:30pm CT	Live virtual class
Week 4	Monday, May 24 9:00am–10:30pm CT	Live virtual class
Week 5	Monday, June 7 9:00am–10:30pm CT	Live virtual class
Week 6	Monday, June 14 9:00am–10:30pm CT	Live virtual class
Week 7	Monday, June 21 9:00am–10:30pm CT	Live virtual class
Week 8	Monday, June 28 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	On-site Workshop 2 (CT) Friday, July 9, 12:30–4:30pm Saturday, July 10, 9:00am–3:00pm	<i>Online–Zoom</i>
Week 10	Week of July 11 Observation Coaching Week	Scheduled with your trainer
Week 11	Week of July 18 Observation Coaching Week	Scheduled with your trainer
Week 12	Monday, July 26 9:00am–10:30pm CT	Live-Virtual Class
Week 13	Monday, August 2 9:00am–10:30pm CT	Live virtual class
Week 14	Monday, August 9 9:00am–10:30pm CT	Live virtual class
Week 15	Monday, August 16 9:00am–10:30pm CT	Live virtual class
Week 16	On-site Workshop 3 (CT) Friday, August 27, 12:30–4:30pm Saturday, August 28, 8:30am–3:00pm	<i>Online–Zoom</i>