



Essential Coach Training Program
Essential-Associate Training
Virtual: Zoom
August 13–December 4, 2021

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday August 13, 12:30–4:30pm Saturday, August 14, 8:30am–3:00pm	Online–Zoom
Workshop 1 <i>continued</i>	Monday, August 16 11:30am – 1:00pm CT	Live virtual class
Week 2	Monday, August 23 11:30am – 1:00pm CT	Live virtual class
Week 3	Monday, August 30 11:30am – 1:00pm CT	Live virtual class
Labor Day - Off		
Week 4	Monday, September 13 11:30am – 1:00pm CT	Live virtual class
Week 5	Monday, September 20 11:30am – 1:00pm CT	Live virtual class
Week 6	Monday, September 27 11:30am – 1:00pm CT	Live virtual class
Week 7	Monday, October 4 11:30am – 1:00pm CT	Live virtual class
Week 8	Monday, October 11 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	Workshop 2 (CT) Friday, October 22, 12:30–4:30pm Saturday, October 23, 9:00am – 3:00pm	Online–Zoom
Week 10	Week of October 24 Observation Coaching Week	Scheduled with your trainer
Week 11	Week of October 31 Observation Coaching Week	Scheduled with your trainer
Week 12	Monday, November 8 11:30am – 1:00pm CT	Live-Virtual Class
Week 13	Monday, November 14 11:30am – 1:00pm CT	Live virtual class
Week 14	Monday, November 22 11:30am – 1:00pm CT	Live virtual class
Week 15	Monday, November 29 11:30am – 1:00pm CT	Live virtual class
Week 16	Workshop 3 (CT) Friday, December 3, 12:30–4:30pm Saturday, December 4, 8:30am–3:00pm	Online–Zoom