



**Essential Coach Training Program**  
**Essential-Associate Training**  
**Minneapolis, MN**  
**August 13–December 4, 2021**

*Mastering the Fundamentals of Coaching*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<b>On-site Workshop 1 (CT)</b> Friday August 13, 12:30–4:30pm Saturday, August 14, 9:00am–3:00pm	<i>Online–Zoom</i>
Workshop 1 <i>continued</i>	Monday, August 16 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, August 23 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, August 30 11:30am–1:00pm CT	Live virtual class
	<i>Labor Day Off</i>	
Week 4	Monday, September 13 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, September 20 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, September 27 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, October 4 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, October 11 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	<b>On-site Workshop 2 (CT)</b> Friday, October 22, 12:30–4:30pm Saturday, October 23, 8:30am–2:30pm	<i>Online–Zoom</i>
Week 10	Week of October 24 11:30am–1:00pm CT	Observation Coaching Scheduled with your trainer
Week 11	Week of October 31 11:30am–1:00pm CT	Observation Coaching Scheduled with your trainer
Week 12	Monday, November 8 11:30am–1:00pm	Live virtual class
Week 13	Monday, November 15 11:30am–1:00pm	Live virtual class
Week 14	Monday, November 22 11:30am–1:00pm	Live virtual class
Week 15	Monday, November 29 11:30am–1:00pm	Live virtual class
Week 16	<b>On-site Workshop 3 (CT)</b> Friday, December 3, 12:30–4:30pm Saturday, December 4, 9:00am–3:00pm	<i>Online–Zoom</i>