



**Essential Coach Training Program**  
**Associate Training–Advanced Coaching Skills**  
**Option 2**  
**September 13–November 5, 2023**

*Refining Your Coaching Skills*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<i>Advanced Coaching Skills</i> Tuesday, September 13 9:00–10:30am CT	Live virtual class
Week 2	<i>Advanced Coaching Skills</i> Tuesday, September 20 9:00–10:30am CT	Live virtual class
Week 3	<i>Advanced Coaching Skills</i> Tuesday, September 27 9:00–10:30am CT	Live virtual class
Week 4	<i>Advanced Coaching Skills</i> Tuesday, October 4 9:00–10:30am CT	Live virtual class
Week 5	<i>Advanced Coaching Skills</i> Tuesday, October 11 9:00–10:30am CT	Live virtual class
Week 6	<i>Advanced Coaching Skills</i> Tuesday, October 18 9:00–10:30am CT	Live virtual class
Week 7	<i>Advanced Coaching Skills</i> Tuesday, October 25 9:00–10:30am CT	Live virtual class
Week 8	<i>Advanced Coaching Skills</i> Tuesday, November 1 9:00–10:30am CT	Live virtual class
Week 9	<i>Ethics &amp; Risk Management for Coaches</i> Saturday, November 5 9:00am–3:00pm CT	Live-Virtual Workshop