



**Essential Coach Training Program**  
**Associate Training–Advanced Coaching Skills**  
**Option 1**  
**February 6–May 28, 2020**

*Refining Your Coaching Skills*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Orientation	Thursday, February 6 11:00am–12:00pm CT	
Week 1	<i>Advanced Coaching Skills</i> Thursday, February 13 11:00am–12:30pm CT	Live virtual class
Week 2	<i>Advanced Coaching Skills</i> Thursday, February 20 11:00am–12:30pm CT	Live virtual class
Week 3	<i>Advanced Coaching Skills</i> Thursday, February 27 11:00am–12:30pm CT	Live virtual class
Week 4	<i>Advanced Coaching Skills</i> Thursday, March 5 11:00am–12:30pm CT	Live virtual class
Week 5	<i>Advanced Coaching Skills</i> Thursday, March 12 11:00am–12:30pm CT	Live virtual class
Week 6	<i>Advanced Coaching Skills</i> Thursday, March 19 11:00am–12:30pm CT	Live virtual class
Week 7	<i>Advanced Coaching Skills</i> Thursday, March 26 11:00am–12:30pm CT	Live-Virtual Class
Week 8 Workshop	Thursday, April 2, 12:30pm–5:00pm Friday, April 3, 8:30am–4:30pm Saturday, April 4, 8:30am–1:30pm	<b>Best Western Plus White Bear Country Inn</b> 4940 U.S. 61 White Bear Lake, MN 55110
	<b>Break</b>	
Week 9	<i>Professional and Personal Development Coaching Process</i> Thursday, April 16 11:00am–12:30pm CT	Live virtual class
Week 10	<i>Professional and Personal Development Coaching Process</i> Thursday, April 23 11:00am–12:30pm CT	Live virtual class
Week 11	<i>Professional and Personal Development Coaching Process</i> Thursday, April 30 11:00am–12:30pm CT	Live virtual class

Week 12	<i>Professional and Personal Development Coaching Process</i> Thursday, May 7 11:00am–12:30pm CT	Live virtual class
Week 13	<i>Professional and Personal Development Coaching Process</i> Thursday, May 14 11:00am–12:30pm CT	Live virtual class
Week 14	<i>Professional and Personal Development Coaching Process</i> Thursday, May 21 11:00am–12:30pm CT	Live virtual class
Week 15	<i>Professional and Personal Development Coaching Process</i> Thursday, May 28 11:00am–12:30pm CT	Live virtual class
Week 16	<i>Optional Group Coaching</i> Thursday, June 4 11:00am–12:00pm CT	Live virtual class