



**Essential Coach Training Program**  
**Associate Training–Advanced Coaching Skills**  
**Option 1**  
**August 3–November 30, 2021**

*Refining Your Coaching Skills*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Orientation	Tuesday, August 3 11:00am–12:00pm CT	
Week 1	<i>Advanced Coaching Skills</i> Tuesday, August 10 11:00am–12:30pm CT	Live virtual class
Week 2	<i>Advanced Coaching Skills</i> Tuesday, August 17 11:00am–12:30pm CT	Live virtual class
Week 3	<i>Advanced Coaching Skills</i> Tuesday, August 24 11:00am–12:30pm CT	Live virtual class
Week 4	<i>Advanced Coaching Skills</i> Tuesday, August 31 11:00am–12:30pm CT	Live virtual class
Week 5	<i>Advanced Coaching Skills</i> Tuesday, September 7 11:00am–12:30pm CT	Live virtual class
Week 6	<i>Advanced Coaching Skills</i> Tuesday, September 14 11:00am–12:30pm CT	Live virtual class
Week 7	<i>Advanced Coaching Skills</i> Tuesday, September 21 11:00am–12:30pm CT	Live-Virtual Class
Week 8 Workshop	Thursday, September 30, 12:30pm–4:30pm Friday, October 1, 9:00am–3:00pm Saturday, October 2, 9:00am–12:30pm	<i>Online–Zoom</i>
Week 9	<i>Professional and Personal Development Coaching Process</i> Tuesday, October 12 11:00am–12:30pm CT	Live virtual class
Week 10	<i>Professional and Personal Development Coaching Process</i> Tuesday, October 19 11:00am–12:30pm CT	Live virtual class
Week 11	<i>Professional and Personal Development Coaching Process</i> Tuesday, October 26 11:00am–12:30pm CT	Live virtual class
Week 12	<i>Professional and Personal Development Coaching Process</i> Tuesday, November 2 11:00am–12:30pm CT	Live virtual class

Week 13	<i>Professional and Personal Development Coaching Process</i> Tuesday, November 9 11:00am–12:30pm CT	Live virtual class
Week 14	<i>Professional and Personal Development Coaching Process</i> Tuesday, November 16 11:00am–12:30pm CT	Live virtual class
Week 15	<i>Professional and Personal Development Coaching Process</i> Tuesday, November 23 11:00am–12:30pm CT	Live virtual class
Week 16	<i>Optional Group Session</i> Tuesday, November 30 11:00am–12:00pm CT	Live virtual class