



**Essential Coach Training Program**  
**Associate Training–Advanced Coaching Skills**  
**Option 2**  
**January 9–March 26, 2020**

*Refining Your Coaching Skills*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Orientation and Week 1	<i>Ethics &amp; Risk Management for Coaches</i> Thursday, January 9 11:00am–12:45pm CT	Live virtual class
Week 2	<i>Ethics &amp; Risk Management for Coaches</i> Thursday, January 16 11:00am–12:30pm CT	Live virtual class
Week 3	<i>Ethics &amp; Risk Management for Coaches</i> Thursday, January 23 11:00am–12:30pm CT	Live virtual class
Week 4	<i>Ethics &amp; Risk Management for Coaches</i> Thursday, January 30 11:00am–12:30pm CT	Live virtual class
	Break–Thursday, February 6	
Week 5	<i>Advanced Coaching Skills</i> Thursday, February 13 11:00am–12:30pm CT	Live virtual class
Week 6	<i>Advanced Coaching Skills</i> Thursday, February 20 11:00am–12:30pm CT	Live virtual class
Week 7	<i>Advanced Coaching Skills</i> Thursday, February 27 11:00am–12:30pm CT	Live virtual class
Week 8	<i>Advanced Coaching Skills</i> Thursday, March 5 11:00am–12:30pm CT	Live virtual class
Week 9	<i>Advanced Coaching Skills</i> Thursday, March 12 11:00am–12:30pm CT	Live virtual class
Week 10	<i>Advanced Coaching Skills</i> Thursday, March 19 11:00am–12:30pm CT	Live virtual class
Week 11	<i>Advanced Coaching Skills</i> Thursday, March 26 11:00am–12:30pm CT	Final Live-Virtual Class