



**Essential Coach Training Program**  
**Essential Training**  
**Columbus, GA**  
**September 12–November 20, 2019**

*Mastering the Fundamentals of Coaching*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<b>On-site Workshop 1 (ET)</b> Thursday, September 12, 12:30–4:30pm Friday, September 13, 8:30am–2:30pm	<b>To be held at:</b> The Cunningham Center 3100 Gentian Blvd Columbus, GA 31909
Workshop 1 <i>continued</i>	Wednesday, September 18 12:00pm–1:30pm ET	Live virtual class
Week 3	Wednesday, September 25 12:00pm–1:30pm ET	Live virtual class
Week 4	Wednesday, October 2 12:00pm–1:30pm ET	Live virtual class
Week 5	Wednesday, October 9 12:00pm–1:30pm ET	Live virtual class
Week 6	Wednesday, October 16 12:00pm–1:30pm ET	Live virtual class
Week 7	Wednesday, October 23 12:00pm–1:30pm ET	Live virtual class
Week 8	Wednesday, October 30 12:00pm–1:30pm ET	Live virtual class
Week 9	<b>On-site Workshop 2 (ET)</b> Thursday, November 7, 12:30–4:30pm Friday, November 8, 8:30am–2:30pm	<b>To be held at:</b> The Cunningham Center 3100 Gentian Blvd Columbus, GA 31909
Week 10	Observation Coaching Week	Scheduled with your trainer
Week 11	Observation Coaching Week	Scheduled with your trainer
Week 12	Wednesday, November 20 12:00pm–1:30pm ET	Final Live-Virtual Class