



**Essential Coach Training Program**  
**Essential-Associate Training**  
**Minneapolis-St. Paul, MN**  
**August 14–December 12, 2020**

*Mastering the Fundamentals of Coaching*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<b>On-site Workshop 1 (CT)</b> Friday August 14, 12:30–4:30pm Saturday, August 15, 8:30am–2:30pm	Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Workshop 1 <i>continued</i>	Monday, August 17 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, August 24 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, August 31 11:30am–1:00pm CT	Live virtual class
	<i>Labor Day Off</i>	
Week 4	Monday, September 14 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, September 21 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, September 28 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, October 5 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, October 12 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	<b>On-site Workshop 2 (CT)</b> Friday, October 23, 12:30–4:30pm Saturday, October 24, 8:30am–2:30pm	Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Week 10	Week of October 26 11:30am–1:00pm CT	Observation Coaching Scheduled with your trainer
Week 11	Week of November 2 11:30am–1:00pm CT	Observation Coaching Scheduled with your trainer
Week 12	Week of November 9 11:30am–1:00pm CT	Live virtual class
Week 13	Monday, November 16 11:30am–1:00pm	Live virtual class
Week 14	Monday, November 23 11:30am–1:00pm	Live virtual class
Week 15	Monday, November 30 11:30am–1:00pm	Live virtual class
Week 16	<b>On-site Workshop 3 (CT)</b> Friday, December 11, 12:30–4:30pm Saturday, December 12, 8:30am–2:30pm	Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110