



Essential Coach Training Program
Essential Training
Minneapolis-St. Paul, MN
August 23–November 11, 2019

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	On-site Workshop 1 (CT) Friday August 23, 12:30–4:30pm Saturday, August 24, 8:30am–2:30pm	To be held at: Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Workshop 1 <i>continued</i>	Monday, August 26 11:30am–1:00pm CT	Live virtual class
	September 2–Labor Day	
Week 2	Monday, September 9 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, September 16 11:30am–1:00pm CT	Live virtual class
Week 4	Monday, September 23 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, September 30 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, October 7 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, October 14 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, October 21 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	On-site Workshop 2 (CT) Friday, October 25, 12:30–4:30pm Saturday, October 26, 8:30am–2:30pm	To be held at: Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Week 10	Observation Coaching Week	Scheduled with your trainer
Week 11	Observation Coaching Week	Scheduled with your trainer
Week 12	Monday, November 11 11:30am–1:00pm CT	Final Live-Virtual Class