



Essential Coach Training Program
Essential-Associate Training
Minneapolis-St. Paul, MN
August 23–December 14, 2019

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	On-site Workshop 1 (CT) Friday August 23, 12:30–4:30pm Saturday, August 24, 8:30am–2:30pm	To be held at: Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Workshop 1 <i>continued</i>	Monday, August 26 11:30am–1:00pm CT	Live virtual class
	<i>September 2–Labor Day</i>	
Week 2	Monday, September 9 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, September 16 11:30am–1:00pm CT	Live virtual class
Week 4	Monday, September 23 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, September 30 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, October 7 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, October 14 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, October 21 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	On-site Workshop 2 (CT) Friday, October 25, 12:30–4:30pm Saturday, October 26, 8:30am–2:30pm	To be held at: Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110
Week 10	Monday, October 28 11:30am–1:00pm CT	Live virtual class
Week 11	Monday, November 4 11:30am–1:00pm CT	Live virtual class
Week 12	Observation Coaching	Scheduled with your trainer
Week 13	Monday, November 18 11:30am–1:00pm	Live virtual class and Observation Coaching scheduled with your trainer
Week 14	Monday, November 25 11:30am–1:00pm	Live virtual class
Week 15	Monday, December 2 11:30am–1:00pm	Live virtual class
		<i>Continued on next page</i>

Week 16	On-site Workshop 3 (CT) Friday, December 13, 12:30–4:30pm Saturday, December 14, 8:30am–2:30pm	To be held at: Best Western Plus Country Inn 4940 U.S. 61 White Bear Lake, MN 55110