



Essential Coach Training Program
Refining Your Coaching Skills
August 2–September 6, 2022

Week	Class Dates and Times	Notes
Week 1	Tuesday, August 2 11:00am–12:30pm CT	Live virtual class
Week 2	Tuesday, August 9 11:00am–12:30pm CT	Live virtual class
Week 3	Tuesday, August 16 11:00am–12:30pm CT	Live virtual class
Week 4	Tuesday, August 23 11:00am–12:30pm CT	Live virtual class
Week 5	Tuesday, August 30 11:00am–12:30pm CT	Live virtual class
Week 6	Tuesday, September 30 11:00am–12:30pm CT	Live virtual class